

GRAND FORKS SECONDARY



ATHLETE PACKAGE

2019-2020

*****The permission form must be signed by a parent/guardian and returned to the coach BEFORE the player can participate in any competition.**

GRAND FORKS ATHLETICS
BOX 339
Grand Forks, BC V0H 1H0
250-442-8285

Dear Parent/Guardian,

Your son/daughter has been given the opportunity to represent GFSS in athletics this year. Please remember that this is a privilege and not a right. We are lucky to have many teachers and community coaches willing to sacrifice their time to give your son/daughter experiences that otherwise might not be available to them. Having said this, we expect your son/daughter to live up to some expectations that the Athletic Department has in place. Please read through this package with your son/daughter and sign all of the forms that require signing. If you have any question, concerns, or comments, please feel free to contact me at the school at any time.

Thank you,

Jamie McKaig
GFSS Athletic Director
email: jamie.mckaig@sd51.bc.ca
phone: 250-442-8285

PLEASE READ THROUGH THIS WITH THE ATHLETE!

Grand Forks Secondary School

Athletic

Policy and Expectations

At Grand Forks Secondary, we believe that athletics is an important part of the total educational program at our school. It is here that many fond memories of high school are created. Participation in an athletic program is a voluntary privilege where the student is representative of his/her family, school, and community. Thus, a high standard of behavior is expected of those choosing to participate. It is expected that all students, sponsors, and coaches will adhere to the following standards of conduct:

Academic

Students will demonstrate satisfactory performance in all their classes through achieving passing grades, but more importantly show satisfactory effort, regular attendance and a positive attitude. Student progress will be reviewed each term. Those students not meeting the above criteria may be placed on an athletic contract. The contract provides students with a period of time in which to improve their performance or they may be suspended from participation.

Attendance

Students participating in athletic programs will be expected to attend classes regularly. Students are not to participate in practices or games if they have skipped classes on that specific day. During the season of play, any student athlete who demonstrates a trend of absenteeism may be placed on an athletic contract. Players who have an extended period of absence will need to re-establish their standing on the team.

Behaviour

All teams, groups, or clubs will operate on the principle that participation is similar to a class away from school. Therefore, student conduct must be the same as what is expected of them in school and according to the expectations laid out in the school "code of conduct". In particular, students who are found to be in possession of, or under the influence of, any alcohol or illegal drug during the school day, during any school-sponsored event outside of the school day or while participation on a field trip, may lose their privilege of participating in ANY extra-curricular activity for one school year and subject to consequences according to the GFSS Code of Conduct. Students are not permitted to smoke or chew tobacco during school sponsored trips.

Commitment

Being part of a school team means the following:

- Regularly attend all practices and competitions
- Be in good standing in the following areas:
 - Attendance/lates for classes
 - Academic performance (effort is acceptable)
 - Adhere to school Code of Conduct
 - Demonstrate a good attitude at all times

Any student who quits an athletic team without a reasonable excuse or does not show up to pre-arranged competitions will be reported to the Athletic Director. The individual may be suspended from all athletic play for one calendar school year.

It is also expected that students will attend all practices and games as scheduled in a timely manner. Students that miss practice may be suspended from a competition as determined by the coach/AD. Coaches will warn students after the first missed practice and then are expected to follow through with consequences following further missed practices or games. Any suspension from competition should be communicated to the Athletic Director.

Travel

Accommodations will be booked by either the coach or athletic director. Every travelling student should be given the hotel information and trip itinerary before departure. If the student has not been given this information close to the event date, please contact the coach or AD.

Students must stay with the group during the duration of the trip and may not be transported by anyone else during this time. Arrangements may be made to drive to and from the event with direct family members if the coach and Athletic Director (or Admin) are aware of it.

Depending on the circumstance, students will either be sent on a bus, the minibus, or with parent drivers. If you are asked to be a parent driver, please make sure you follow the appropriate steps set out by the coach as to obtaining a drivers abstract, insurance and so forth. Please be advised that we are strongly against students driving themselves to such events, and driving other students is forbidden.

Use of any swimming facilities is prohibited unless a certified life guard is on duty!!

Uniforms

To keep things easier to organize **we are moving away from uniform deposits**. Instead, each coach will keep an inventory on team uniforms. Please note that if a student loses/damages a uniform they will be responsible for the replacement cost.

ATHLETIC FEES

We are asking each player to pay a participation fee to subsidize the cost of providing this opportunity. Thanks to funding from the School Board we still have one of the lowest participation fees for athletics in the province. The fees may change from year to year depending on circumstance but a general guideline is listed below. We kindly ask that each player pay their fee at the beginning of each season of play. If there are questions or concerns, please contact Mr. McKaig at the school.

Note: Athletic fees help pay for the following:

Team uniforms, First aid equipment (training equipment), Team registration fees, BC School Sports fees, Tournament/playday fees, Major officials (referees), Minor officials (scorekeepers), Sport specific equipment (balls etc.), Minor repair costs of equipment, Coaches reference materials, Transportation, and other miscellaneous items.

SPORT	SPORT FEE
Senior sports	\$200
Jr sports	\$150
Gr 8 sports	\$100
Swimming, curling, track and field, cross country and golf	TBD

******NOTE******

This year, we have taken the money from the board office and distributed budgets to all of our teams. This money is used to pay for travel and to reimburse coaches and chaperones hotel and meal expenses. If a team is low on funds, the players will have to pay more or the team will have to do some fundraising.

For certain individual sports, the fee will be determined based on what the season/schedule looks like.

If a team incurs lower costs than anticipated, students will be reimbursed at the end of the season.

Students will not be allowed to participate in any competitions until this fee has been submitted.

PLEASE MAKE CHEQUES PAYABLE TO GFSS

PARENT/COACH COMMUNICATION FRAMEWORK

Expectations for Parents/Guardians:

1. Support your student-athlete's efforts to be successful.
2. Work to promote a positive environment that is conducive to the development of your student-athlete.
3. Treat all coaching personnel with courtesy and respect.
4. Assure that your student will attend all scheduled practices and competitions.
5. Promote and model mature and sportsmanlike behaviour at all times.

Communication a parent/guardian can expect from a coach (these can be delivered through the athlete):

1. Expectations the coach has for all of the athletes on the team.
2. Locations and times of practices and games.
3. Any discipline that may result in the denial of the athlete's participation (poor attitude, behaviour, commitment etc).

Appropriate concerns to discuss with coaches:

1. Situations involving YOUR child.
2. Ways to help your child improve.
3. Your child's work ethic and attitude.
4. Concerns about your child's behaviour.

Issues that are not appropriate to discuss with coaches:

1. Playing time of any student-athlete. This is up to the coach and they should be following the guidelines of the athletic department. To find the guidelines, go to the GFSS webpage and look under "athletics".
2. Team strategy, practice organization or play calling.
3. Other student-athletes.

Procedure to follow if there is a concern to discuss with a coach:

1. Your child should speak to the coach about an issue before you intervene. This will help our student-athletes grow into young adults.
2. Contact the coach to set up a meeting.
3. If you can't contact the coach, the coach is unwilling to meet or the meeting did not solve the concern to your satisfaction, contact the athletic director or school administration.
4. The athletic director and administration will only intervene if the issue has already been discussed with the coach.

Please do not approach coaches with a serious concern, unannounced, immediately before or after practices or games. Meetings of this nature do not generally assist in creating an acceptable solution to the concern.

Parent/Guardian Consent Form

Athletes full name _____

Date of Birth _____

Address _____

Phone # _____

Family Doctor _____ Phone# _____

Medical # / Care Card # _____

Parent/Guardian Name(s) _____

Parent/Guardian Home Phone # _____ Cell # _____

Parent/Guardian email _____

Please check off the following;

- I understand that I am giving consent for this student to participate on and travel with his/her team when necessary (a trip itinerary should be sent home before any overnight travel).**
- I have read and agree to stated policies and expectations of the student by the athletic department.**
- I have read and will abide by the "Parent/Coach Communication Framework".**
- I will share with the coach any medical concerns or pre-existing conditions that may impact my child's participation.**

Parent/Guardian Name _____

Parent/Guardian Signature _____

Date _____

PLEASE FILL OUT AND RETURN THIS PAGE TO THE COACH ASAP!

